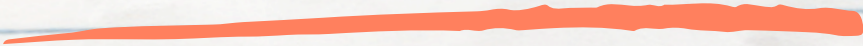


THE STUDENT BLOG



EXAMS,
REVISION AND
SUPPORT AT UNI



GRETA



Newcastle
University



UNIVERSITY: **NEWCASTLE UNIVERSITY**

COURSE: **BA ARCHITECTURE HONOURS**

FAVOURITE SCHOOL
SUBJECT: **ART AND SOCIOLOGY**

HOBBY: **PAINTING, BAKING**

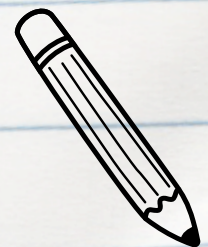
TELL US ABOUT YOUR FEELINGS DURING EXAM TIME, AND WHAT YOU DO TO PREPARE:



“During exam time, I usually feel quite stressed and overwhelmed, especially when multiple deadlines start building up at once. However, I’ve learnt that feeling prepared makes a huge difference to my confidence and helps reduce that stress.

One thing that really helps me is creating structure through a revision timetable. I like to break my week down into morning, afternoon, and evening blocks so I can clearly see what I need to focus on each day. Breaking revision into smaller, manageable tasks makes everything feel much less overwhelming and helps me stay organised”.

IT CAN BE CHALLENGING MANAGING YOUR TIME AND STRESS DURING REVISION AND EXAMS – TELL US HOW YOU STAY MOTIVATED, AND THE STUDY TIPS THAT WORK FOR YOU:



“To stay motivated, I focus on setting realistic daily goals rather than trying to do everything at once. Breaking my workload into smaller tasks makes revision feel more manageable and gives me a sense of achievement as I tick things off.

I also like to study in timed blocks with regular breaks, which helps me stay focused without burning out. Changing study locations can help too when I need a fresh environment or feel stuck. Most importantly, I remind myself that it’s better to start imperfectly than not start at all, once you begin, it becomes much easier to build momentum and improve things as you go.”

**TALK TO US ABOUT THE RANGE
OF SUPPORT AVAILABLE AT
YOUR UNIVERSITY, AND HOW
IT'S HELPED YOU:**



**“There is a wide range of support available at university,
including academic support, disability and wellbeing services,
personal tutors, and careers support.**

**Knowing that these services are available has made a big
difference to my university experience. Having access to
support when managing workload, stress, or personal
challenges has helped me feel more confident and reassured.”**

IF YOU COULD PASS ON 1 PIECE OF STUDYING ADVICE, WHAT WOULD IT BE AND WHY?

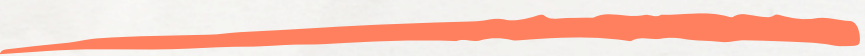


“My biggest piece of studying advice would be: don’t compare yourself to other people!

Everyone studies differently, works at different speeds, and has different strengths. Comparing yourself to others can make revision feel even more stressful and can knock your confidence unnecessarily.

Focus on finding study methods that work for you, trust your own process, and remember that consistency matters more than perfection.”

THE STUDENT BLOG



TELL US IN THE
COMMENTS WHAT TOPICS
YOU'D LIKE OUR
PARTNERSHIP ASSOCIATES
TO COVER!